



## Emergency Kit Checklists

### Basic emergency kit checklist:

- ☐ Two litres of drinking water per person/per day
- ☐ Non-perishable canned and dried foods
- ☐ Can opener and disposable plates and utensils
- ☐ Prescription glasses/contact lenses and supplies
- ☐ Prescription medications
- ☐ Personal hygiene items
- ☐ First aid kit
- ☐ Battery-operated radio
- ☐ Flashlight and batteries
- ☐ Phone charger and battery bank
- ☐ Cash
- ☐ Car and house keys
- ☐ Change of clothing and footwear per person
- ☐ Copies of essential family documents
- ☐ Blanket or sleeping bag per person

### Basic vehicle emergency kit checklist:

- ☐ Food
- ☐ Water
- ☐ Blanket
- ☐ Extra clothing and shoes
- ☐ Reflective vest
- ☐ First aid kit
- ☐ Small shovel, scraper and snowbrush
- ☐ Candle in a deep can and matches
- ☐ Wind-up flashlight
- ☐ Wind-up radio
- ☐ Cell phone charger and battery bank
- ☐ Whistle
- ☐ Roadmaps
- ☐ Copy of personal documents
- ☐ Sand, salt, or cat litter (non-clumping)
- ☐ Traction mat
- ☐ Antifreeze/windshield washer fluid
- ☐ Tow ropes
- ☐ Jumper cables
- ☐ Fire extinguisher
- ☐ Warning light or road flares