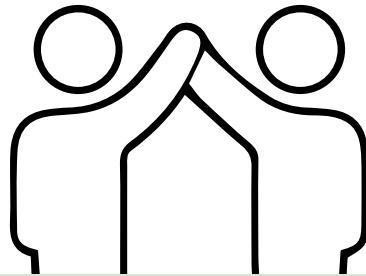
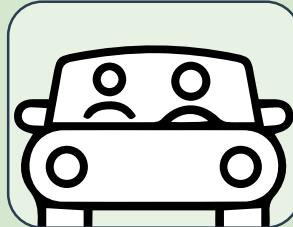


# Who is a close contact?

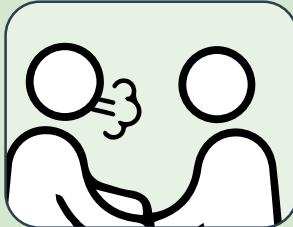


A close contact is generally someone who has been near a person with COVID-19 for at least 15 minutes when public health measures, such as masking and physical distancing, were not in place.

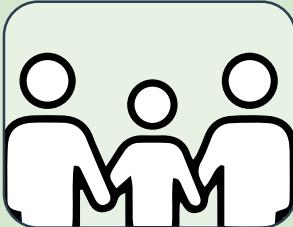
## Close contact means any of the following:



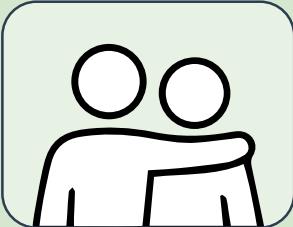
You were near the person for at least 15 minutes while indoors when you were not wearing a mask.



The person coughed or sneezed near you.



You care for the person at home.



The person touched, hugged or kissed you.

If you spent time with someone with COVID-19 and you were both wearing masks, you are not a close contact.



People with COVID-19 must let their close contacts know as soon as possible. If you were told you are a close contact, instructions are on the next page.

## Close contacts may include:

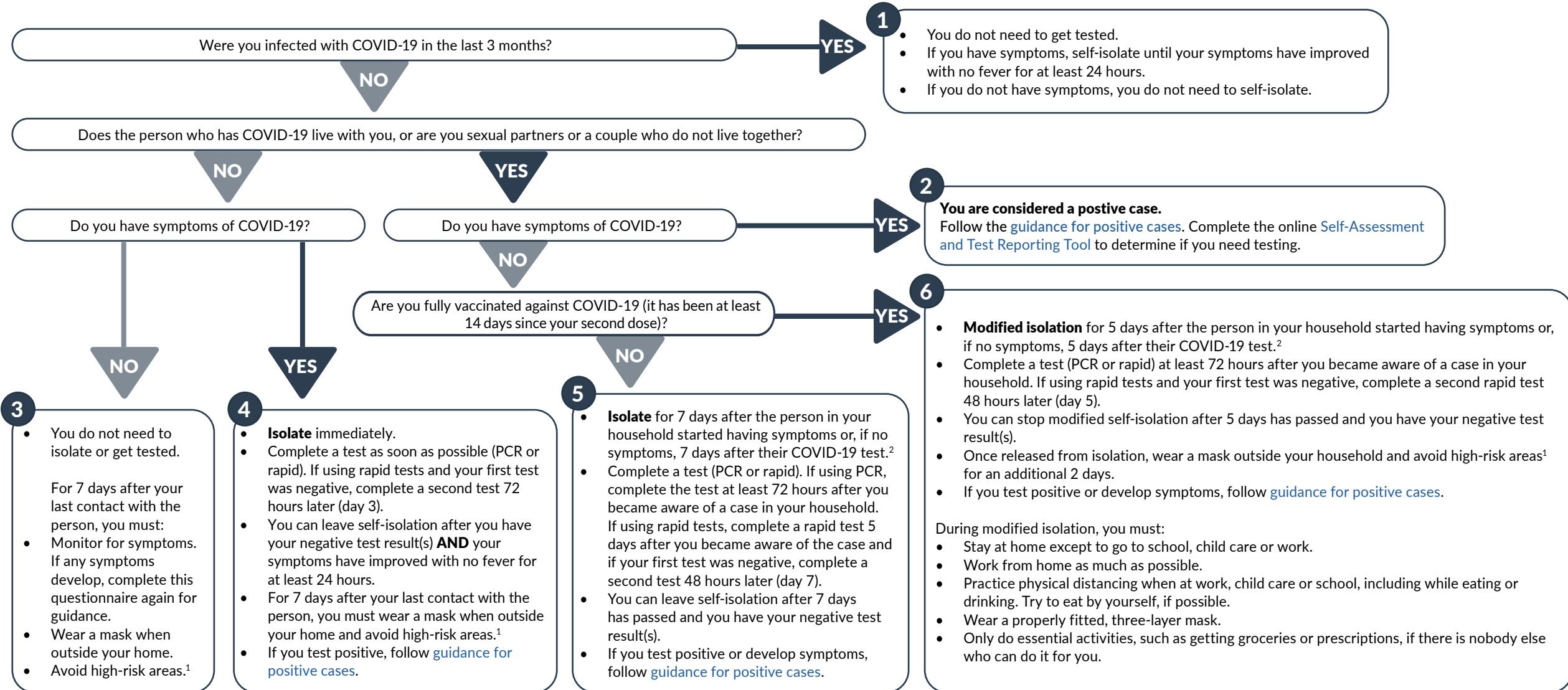
- Friends and family (people you live with, share a room with, or are intimate with).
- People who attended a social gathering or event with you.
- People you work with, including people you share a workspace with.
- People you attend child care with.
- Personal services providers (hair stylists, estheticians, tattoo artists).
- People who attended extracurricular activities with you (hockey practice, dance class, swim class, etc.).
- People who you shared personal items with (such as food or drink, personal hygiene items, cigarettes, vapes, lipstick, forks or spoons).

People you attend school with are not close contacts, unless you also spend time with them outside school.

# You are a close contact of someone who has COVID-19.

## Now what?

If you have not been identified as a close contact, do not complete this questionnaire. Visit the [Self-Isolation Assessment Tool](#) for advice.



<sup>1</sup> High-risk areas include non-essential visits to hospitals, long-term care homes, large crowded settings, and social gatherings. Workers in these settings can go to work.

<sup>2</sup> If there are multiple cases in your household, your isolation and testing instructions as a close contact start over again based on the most recent date a household member tested positive/started having symptoms.