

Bullying Self-help Guide

Actions taken: *It is important to keep all of your information together for easy reference including records of conversations and correspondence you have sent and received, etc. Attach sheet if necessary.*

<p>Note details such as:</p> <ul style="list-style-type: none"> ➤ Who you talked to ➤ When ➤ How (letter, telephone, fax, etc.) ➤ Who is investigating the incident ➤ What the investigator will do ➤ What you agreed to do ➤ When and how the investigator will get back to you ➤ When you need to call the investigator back ➤ How the school will keep your child safe and identity confidential ➤ What counselling or other services are available should your child need help ➤ If necessary, how your child's transition back into school will be handled ➤ Who you should talk to if you or 	<p>Date/Time: _____ Contact: _____</p> <p>by: <input type="checkbox"/> phone <input type="checkbox"/> person <input type="checkbox"/> letter</p> <p>Action: _____ _____ _____</p> <p>Outcome: _____ _____</p> <p>Date/Time: _____ Contact: _____</p> <p>by: <input type="checkbox"/> phone <input type="checkbox"/> person <input type="checkbox"/> letter</p> <p>Action: _____ _____ _____</p> <p>Outcome: _____ _____</p> <p>Date/Time: _____ Contact: _____</p> <p>by: <input type="checkbox"/> phone <input type="checkbox"/> person <input type="checkbox"/> letter</p> <p>Action: _____ _____ _____</p> <p>Outcome: _____ _____</p>
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your child have further concerns.

- Do you need to call the police
- Do you and your family need support