

Today you were given the following immunization(s):

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| <input type="checkbox"/> Influenza (Inf) | <input type="checkbox"/> Pneumococcal Conjugate 20 (Pneu-C-20) |
| <input type="checkbox"/> Haemophilus influenzae type b (Hib) | <input type="checkbox"/> Pneumococcal Conjugate 15 (Pneu-C-15) |
| <input type="checkbox"/> Hepatitis A (HA) | <input type="checkbox"/> Inactivated Polio (IPV) |
| <input type="checkbox"/> Hepatitis B (HB) | <input type="checkbox"/> Rabies (Rab) |
| <input type="checkbox"/> Hepatitis A & B (HAHB) | <input type="checkbox"/> Tetanus, diphtheria, acellular pertussis (Tdap) |
| <input type="checkbox"/> Human papillomavirus (HPV 9) | <input type="checkbox"/> Varicella (Var)* |
| <input type="checkbox"/> Measles, mumps, rubella (MMR)* | <input type="checkbox"/> COVID-19 Vaccine |
| <input type="checkbox"/> RSV | <input type="checkbox"/> Shingles |
| <input type="checkbox"/> Meningococcal Type A,C,Y,W ₁₃₅ (Men-C-ACYW-135) | <input type="checkbox"/> Other _____ |

*** Avoid pregnancy for one month following MMR and Varicella Vaccines**

Possible Side Effects:

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| <input type="checkbox"/> Soreness, swelling and redness at the injection site | <input type="checkbox"/> Tiredness, irritability or drowsiness |
| <input type="checkbox"/> A lump at the injection site; this generally disappears after a few weeks and does not need treatment | <input type="checkbox"/> Mild headache |
| <input type="checkbox"/> A mild rash at the injection site 5 to 26 days after vaccination, and sometimes on other parts of the body | <input type="checkbox"/> Nausea |
| <input type="checkbox"/> Fever (a temperature of 38.5°C or higher) | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Rash | <input type="checkbox"/> Vomiting |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Muscle or joint pain |
| | <input type="checkbox"/> Decreased appetite |
| | <input type="checkbox"/> Itching |
| | <input type="checkbox"/> May feel generally unwell |

What to do if you have side effects:

- Drink plenty of fluids
- Dress in loose, light clothing
- If fever occurs, give fever medication
- Apply a cool, damp cloth to the injection site to help resolve redness, pain and swelling

More severe effects are extremely rare and if symptoms develop after you leave the clinic, call 9-1-1. After business hours, the Healthline can be reached at 811. It is important to always report serious or unexpected reactions to your health care provider.

- Allergic reaction (hives; swelling of the face, lips or throat; wheezing; shock; difficulty breathing)
- Pain, numbness and/or tingling in the hands and feet
- Convulsions or seizures
- Extreme drowsiness or unresponsiveness
- Chest pain, abnormal heartbeat

Community/Public Health Nurse

Date

Telephone

Visit [Immunize Canada](https://www.immunize.ca) for information on how to store immunization records using their [CANImmunize app](https://www.immunize.ca/canimmunize)