



Are you a parent or guardian of a pre-school child getting ready for Kindergarten?

Healthy eyes are essential for learning!

Children may struggle in school if they cannot clearly see the teacher, see writing on the white board, if they have difficulty changing their visual focus from far to near distance, or have problems following words.

More than 80% of learning is visual.



How Kindergarten Students Participate

Step 1 Visit www.nlao.org to download and print your Eye See...Eye Learn referral form. Next, click on the list of Eye Doctors and find an Eye Doctor near you. Make an appointment for an eye exam. Keep your referral form in a safe place!

Step 2 Visit your Eye Doctor for the eye exam and bring your referral form. **Have insurance?** Please bring your insurance card. **Don't have insurance?** The cost of the eye exam will be covered.*

Step 3 Eligible students without insurance will receive one free pair of eye glasses. The Eye Doctor will order your glasses for you. More information is available during your eye exam.

* up to a maximum agreed amount by NLAO and the Government of NL

To learn more, go to nlao.org

Partners

