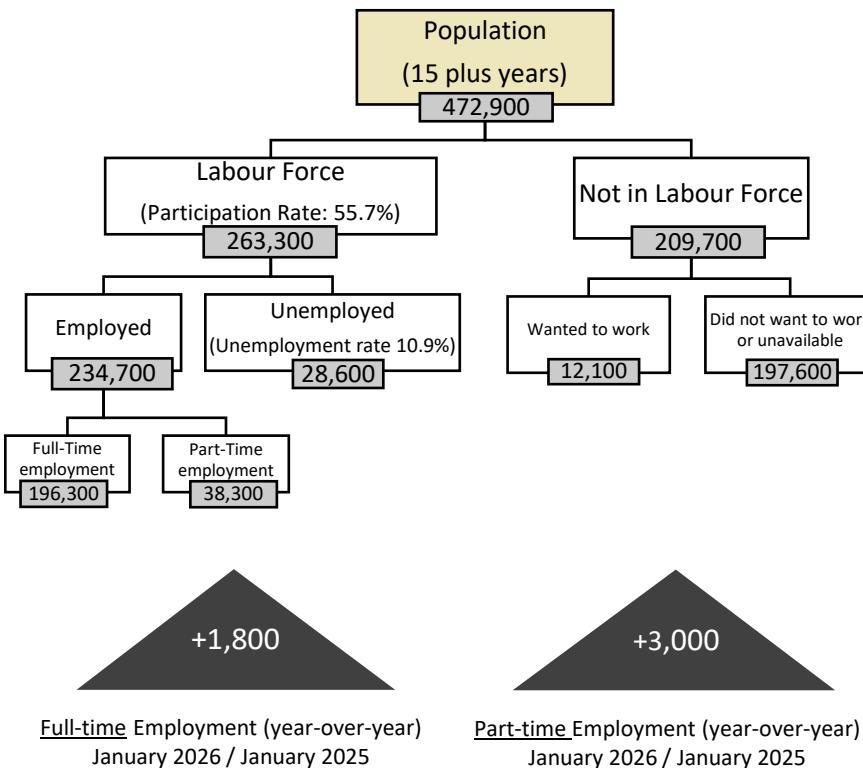


NL LABOUR MARKET INFORMATION



- Unemployment decreased year-over-year (January 2026 compared to January 2025) by -16.9% (or -5,800 people)
- Employment increased year-over-year (+4,900 people, or +2.1%)

DATA SPOTLIGHT

Median Age Changes for NL Census Regions
(2015-2025)

- The data for Census Divisions generally shows continued population aging in most rural regions compared to a slower aging occurring in more urban areas.
- The largest median age increases occurred in Division-09 (+6.8 years), Division-02 (+6.7 years), Division-03 (+6.6 years), and Divisions -07 and -08 (both at +5.9 years). The median age for the province overall was 47.8 years in 2025 (a +2.7 year increase since 2015).
- The smallest median age increases between 2015 and 2025 occurred in Division-01 (+1.7 years), Division-11 (+2.1 years) and Division-10 (+2.4 years).

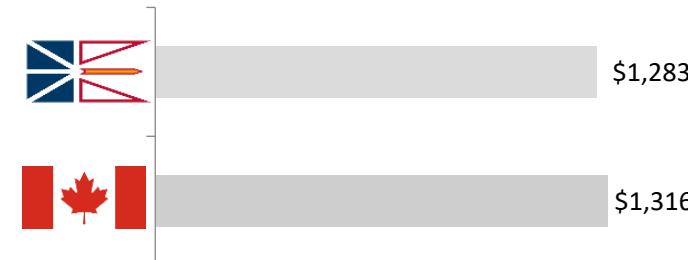
Geography

Geography	Median Age in 2015	Median Age in 2025
Newfoundland and Labrador	45.1	47.8
Division 01 - Avalon Peninsula	42.2	43.9
Division 02 - Burin Peninsula	49.7	56.4
Division 03 - South Coast	50.6	57.2
Division 04 - St. George's	50.3	55.7
Division 05 - Humber District	47.2	49.9
Division 06 - Central	46.6	49.7
Division 07 - Bonavista/Trinity	50.2	56.1
Division 08 - Notre Dame Bay	51.7	57.6
Division 09 - Northern Peninsula	51.7	58.5
Division 10 - Labrador	37.0	39.4
Division 11 - Labrador (Nunatsiavut)	32.7	34.8

Source: Statistics Canada

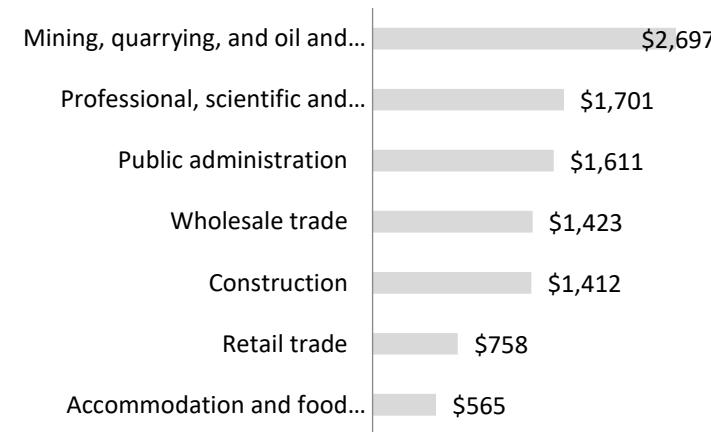
AVERAGE WEEKLY EARNINGS

Average Weekly Earnings | November 2025

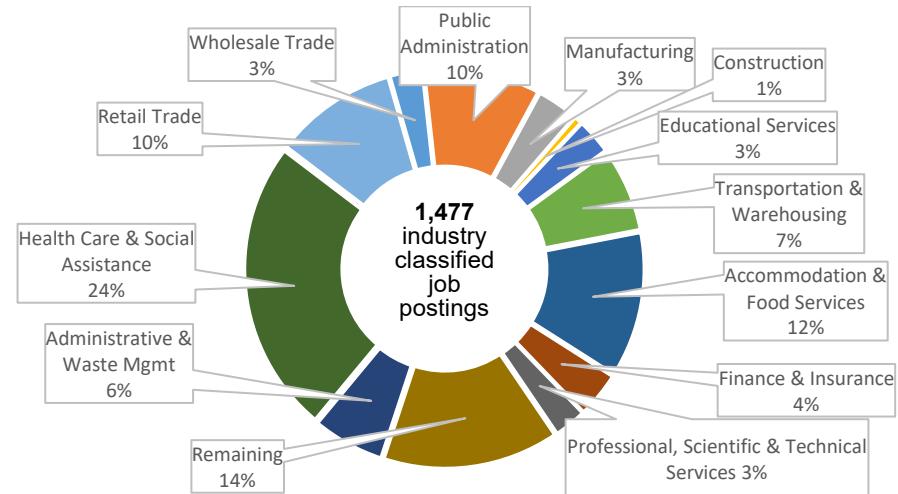


NL average wage increased year over year by
+\$12.27 (+1.0%)

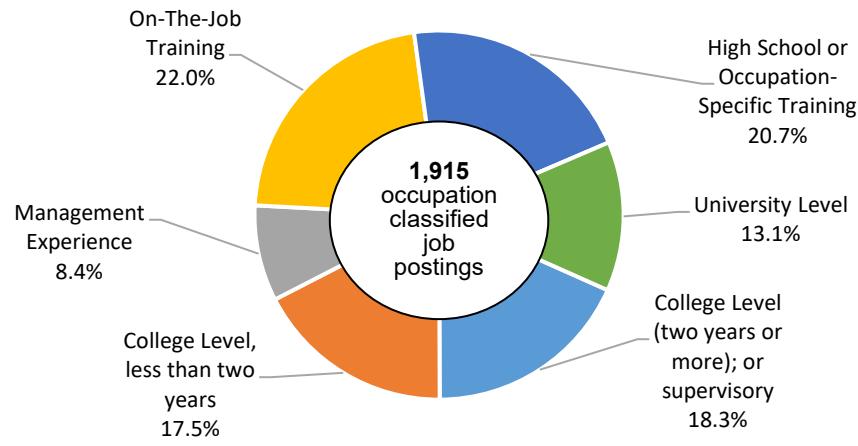
Average Weekly Earnings, select NL Industries
November 2025



SHARE OF JOB POSTINGS
AMONGST CLASSIFIED INDUSTRIES ONLY, NL



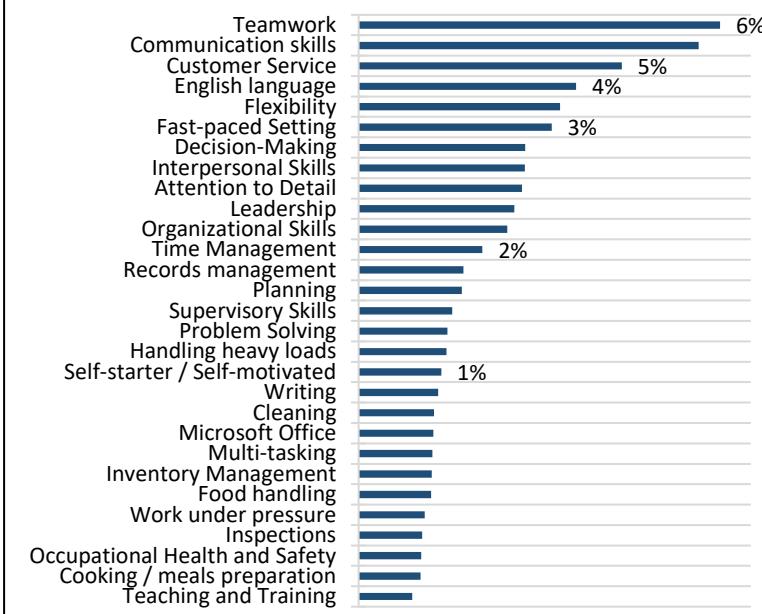
POPULAR EDUCATION & EXPERIENCE
SOUGHT IN JOB POSTINGS, NL



NL OCCUPATIONS WITH HIGH NUMBERS
OF JOB POSTINGS

- AVALON**
 - Food counter attendants
 - Cooks
 - Administrative assistants
 - Other customer reps
 - Delivery service drivers
- EASTERN**
 - Food counter attendants
 - Registered nurses
 - Retail salespersons
 - Cooks
 - General office workers
- CENTRAL**
 - Retail salespersons
 - Food counter attendants
 - Registered nurses
 - Retail/wholesale managers
 - Cooks
- WESTERN**
 - Home support workers
 - Retail salespersons
 - Food counter attendants
 - Delivery service drivers
 - Retail/wholesale managers
- LABRADOR**
 - Cooks
 - Registered nurses
 - Food counter attendants
 - Bartenders
 - Security guards

POPULAR SKILLS & QUALIFICATIONS
SOUGHT IN JOB POSTINGS, NL



WANT MORE LMI?

www.gov.nl.ca/labourmarketinformation



SOURCES

- SEPH Results StatsCan Tables (14-10-0203-01)
- LFS Results, unadjusted data (14-10-0287-03)
- Job Vacancy data (Vicinity Jobs)