

Chapter 6: Shelter Benefits

(i) Board and Lodging

Intent:	To clarify the circumstances and the rates when Income Support benefits for Board and Lodging are provided.
Act: (if applicable)	2 (q) "relative" means a child, parent or grandparent of an applicant or recipient;
Regulations:	<p>Monthly income support – boarding or maintaining a residence</p> <p>13. (1) The monthly amount of income support for each adult who is boarding, renting or owns a residence is an amount up to \$561.</p> <p>Other income support</p> <p>19. (1) Other monthly income support for which an applicant or recipient may be eligible is:</p> <p>(k) for an applicant or recipient boarding with non-relatives who requires additional support due to a persistent and permanent social impairment as certified by an approved professional, an additional amount up to \$362;</p>
Overview: (if applicable)	<ul style="list-style-type: none"> Board and lodging is a living arrangement for applicants/recipients where the board and lodging requirement covers the cost of board, clothing and personal care items. The amount of Income Support that is provided is based on: <ul style="list-style-type: none"> the number of adults included on the Income Support case; whether there is a persistent and social impairment of the applicant/recipient.
Policy:	<p>Applicants/recipients boarding who require additional supports</p> <p>Some individuals with special or complex needs may require additional funding to maintain a more supportive board and lodging arrangement. These arrangements may include a level of support and/or supervision not found in all boarding situations.</p> <ul style="list-style-type: none"> Individuals with a social disability <ul style="list-style-type: none"> If an applicant/recipient receiving benefits pursuant to Regulation 13 (1) requires a more supportive environment

such as supervision, additional benefits may be provided under [Regulation 19 \(1\) \(k\)](#) to meet the needs of the applicant/recipient.

- This additional benefit would be negotiated with the caregiver based on the need of the applicant/recipient and the level of supervision/care required.
 - This additional benefit is not to be used where the applicant/recipient is residing with relatives.
 - Verification from an approved professional of the specific needs/supports of the applicant/recipient is required.
 - Approval from the Client Services Manager/Regional Manager of Income & Social Supports is required to provide the additional benefit.
- Individuals with a physical and/or intellectual disability and/or mental illness
 - An applicant/recipient with a physical and/or intellectual disability and/or mental illness requiring additional supports should be referred to NL Health Services.

Daily Rates Emergencies - [Regulation 19 \(5\)\(b\)](#)

- The only circumstances where the Department would issue daily rates for board and lodging is when there is an emergency situation falling under [Disaster Assistance](#).

Procedure: Basic Board and Lodging

- An amount of \$561 for each adult

Applicants/recipients boarding who require additional supports

- Applicants/recipients with a social disability in exceptional circumstances:
 - Review documentation provided and determine if special needs board and lodging is required. The following factors should be considered and well documented in CAPS when assessing for this requirement:
 - age and education
 - employment/training

	<ul style="list-style-type: none"> ▪ family circumstance ▪ community/district employment opportunities ▪ any prior medical/social problems ▪ present living arrangement ▪ alcohol or substance abuse ▪ habitual conflict with the law, and/or ▪ other social impairments <ul style="list-style-type: none"> • Applicants/recipients with a physical and/or intellectual disability and/or mental illness <ul style="list-style-type: none"> o Refer to NL Health Services for required supports.
Authority Level:	<p>Client Services Officer:</p> <ul style="list-style-type: none"> • Board and lodging rates <p>Client Services Manager/Regional Manager of Income & Social Supports</p> <ul style="list-style-type: none"> • Board and lodging rates exceeding basic rates.
Date revised:	August 2025