

Physical Violence

Physical violence occurs when someone uses a part of their body or an object to control a person's actions.

Physical violence includes, but is not limited to:

- Using physical force which results in pain, discomfort or injury
- Hitting, pinching, hair-pulling, arm-twisting, strangling, burning, stabbing, punching, pushing, slapping, beating, shoving, kicking, choking, biting, force-feeding, or any other rough treatment
- Assault with a weapon or other object
- Threats with a weapon or object
- Deliberate exposure to severe weather or inappropriate room temperatures
- Murder
- Medication abuse:
 - Inappropriate use of medication, including:
 - Withholding medication
 - Not complying with prescription instructions
 - Over- or under-medication
- Restraints abuse:
 - Forcible confinement
 - Excessive, unwarranted or unnecessary use of physical restraints
 - Forcing a person to remain in bed
 - Unwarranted use of medication to control a person (also called "chemical restraint")
 - Tying the person to a bed or chair