

Verbal Abuse

Verbal abuse occurs when someone uses language, whether spoken or written, to cause harm to a person.

Verbal abuse includes, but is not limited to:

- Recalling a person's past mistakes
- Expressing negative expectations
- Expressing distrust
- Threatening violence against a person or her or his family members
- Yelling
- Lying
- Name-calling
- Insulting
- Swearing
- Withholding important information
- Unreasonably ordering a person around
- Talking unkindly about death to a person
- Telling a person she or he is worthless or nothing but trouble